

Start Sheet for the

Northampton & District Cycling Association

10 mile Time Trial (TT Series Event 8 of 8)



FOUNDED 1935

PRESIDENT:
Sue Holliday

Saturday 31st August 2024 starting at 2 pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

This event is a counting event for all categories of the N&DCA Time Trial Series Championships and is organised on behalf of the NDCA by the **Fenland Clarion Cycling Club** and its members.)

Headquarters:

The Old School House, 37 Green End Road, Sawtry, Huntingdon Cambs PE28 5UY

Facilities:

The HQ will be open from 12.30 pm for toilets and car parking.

Timekeepers: Steve Clarke, Jon Thorne

Event Secretary: Joe Clarke, 107 North Road, Bourne, Lincs PE10 9BU Tel: 07912 097925

Prize Values	Handicap Prize
1st	£15
2nd	£12
3rd	£10
4th	£ 8
5th	£ 5

Please note that:

The handicap prize for this event is based on best improvement against predicted Spindata times. In the event of no Spindata prediction being generated which might be the case if not many events have been ridden recently, the time to beat will be the rider's PB for 10 miles as supplied by the CTT entry form data. To be eligible for this prize competitors must have a 10 mile best time to beat.

Spot prizes: A spot prize will be awarded to every 10th place finisher on actual time (regardless of machine type) ie 10th, 20th, 30th, 40th, 50th, 60th place etc.

Local Regulations:

NO U-TURNS are allowed within sight of either the start or the finishing points. Riders carrying out this dangerous manoeuvre are liable for DISQUALIFICATION from the event and further disciplinary action by the district committee.

Please also remember that there is a need for good behaviour and consideration towards other road users and local residents in order to avoid any complaints being received.

Numbers:

These will be available at the Event Headquarters, not at the Start. Each number will have pins in each corner, please remove and place in box if not needed because you are using a NoPinz pocket. Also only use the corner pin holes and do not make more holes if using pins.

Please ensure that the body number is clearly visible from behind and fixed on the lower back.

Signing In/Out:

Please ensure that you sign the "Signing-On" Sheet when collecting your number and clearly call out your number when crossing the finish line.

Please ensure you return your number to HQ and sign-out, using the "Signing-on/off" Sheet. Failure to do so could result in your exclusion from the Results.

Road Bike category

For your ride in this event to be eligible for the season long Road Bike category it is assumed that your entry category covers the actual bike you are riding on the day. The startline assistant will check your bike meets the road bike criteria at the same time as checking lights. To be eligible your bike must not have "tri-bars" or equivalent, disc wheels, less than 12 spokes or other fairings. In event of a dispute regarding RB eligibility, the organisers decision is final.

Compulsory Front/Rear Lights and Helmets:

Regulation 14(i) requires all Competitors to have affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Regulation 14(j) requires all Competitors to have affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Regulation 15 requires that all Competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

Failure of any of the above three points will render the competitor not being allowed to start the event.

Doping Control:

This event may be subject to Doping Control. As soon as you have finished you should return to HQ as it is your responsibility to check if you are required for a Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the Result Board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure you comply.

Ride to the Start Point:

It is 1.5 miles approximately to the start on the B1043, so allow approx 10 mins to ride there from the HQ. There is no parking at the start and finish.

Good luck and trust you all have a good and trouble free ride.

Joe Clarke
Event Secretary

Course Details:

Course Details: <https://www.strava.com/segments/1262496>

START on B1043 Sawtry opposite 3rd electricity pole south of bungalow, 900 yards south of Stanch Hill roundabout. Proceed Northwards on B1043 to Stanch Hill roundabout (M) (0.510 miles), where straight on to St Andrews Bridge roundabout (M) (0.944 miles). Proceed straight on to Sawtry North roundabout (M) (1.399 miles), where straight on to Stilton roundabout (5.195 miles), where **TURN** and retrace on B1043 south to Sawtry North roundabout (M) (9.065 miles). Straight on to St Andrews Bridge roundabout (M) and straight on to Stanch Hill roundabout (M) and straight on to **FINISH** on B1043, approx. 200 yards south of Stanch Hill roundabout opposite the 1st field entrance (10 miles)

SAFETY WARNING: When travelling north from St. Andrews Bridge Roundabout you will approach the Sawtry North Roundabout downhill and will need to continue around the island further than is usual, so give yourself plenty of road space and adjust your speed so you can negotiate the roundabout safely.

Rider Notes

- 1.) There will be no held start and riders will have to start with one foot on the ground.
- 2.) The only motor vehicles associated with the Event allowed near Start or Finish will be those of the Timekeepers
- 3.) You must observe the Highway Code and comply with traffic law and regulations. You must also ride in a manner that is safe for yourselves and all others, and must rely on your own ability and judgement in dealing with hazards, though every effort has been made to marshal the course and the position of 'Event Aware' signs, so as to minimise the risk, as required by the Course 'Risk Assessment'. The onus is still on you the rider, so familiarise yourself with the course details.

N&DCA Competition Information (for members of association clubs)

Categories: S = Senior W = Woman J = Junior/ Juvenile
Masters Men: A = 50-54, B = 55-59, C = 60-64, D = 65-69, E = 70-74, F = 75 plus
Masters Women: A = 40-44, B = 45-49, C = 50-54, D = 55-59, E = 60-64, F = 65 plus

***NB Masters age category is age on day of first N&DCA event ridden this year.**

Juniors/Juveniles:

For the 2024 season there are no separate juvenile or junior sections, only a single U19 category, i.e. Those Competitors aged under 18 or have their 18th birthday during 2024

Season long competition prizes:

Please note that the actual value of the cash prizes awarded for performance in the various categories will be published after the last event of the season when the total prize fund is known as determined by the surplus generated by the event entry fee income.

Trophies:

Trophies and end of season competition prizes will be awarded at the annual Prize Award Lunch (usually held in January). NB Separate event prizes will be awarded after the last event in the series, not after each event.

The Association's 12-hour trophies will be awarded to members of Association Clubs for their performances in any open 12-hour event held under CTT Rules & Regulations. The Association's Long Distance BAR will be awarded to the highest placed rider of an Association Club in the National BBAR. Qualifying events are marked B in the CTT Handbook

For more information on the season long competitions and N&DCA trophies, including past winners, please refer to our website:

www.northamptondca.org.uk